

AKEN

SPA & WELLNESS



AKEN Spa & Wellness

**BÖDEN Hotel**

A sanctuary to reconnect  
with your inner self, where  
uniqueness thrives, craft  
your own moments of  
well-being.

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*Welcome to AKEN S&W*

At AKEN Spa & Wellness,

We create **personalized experiences** where you can reserve moments, rather than treatments. Together with our *Personal Wellness Creators* you choose the ritual that best suits your needs, focused on results, engaging each and every one of your senses.



## OUR FILOSOPHY:

Is based in three pillars:

### ROOTS

Rituals inspired in the soil, respecting the cultural heritage and interacting with the therapeutic touch to create the feeling of happiness and gratitude.

### CONNECTION

Each spot is designed to inspire you to connect with the magical environment, Sacred Nature and awakening to the wellness as lifestyle.

### INNOVATION

The latest trends fusioned with ancient traditions evoke sensations during the journey with AKEN Spa & Wellness





## CREATING MOMENTS

All AKEN moments start with a welcome feet ritual to relax the mind, prepare the body and glad the spirit.

Continue with the chosen therapy.

End with a balancing infusion.





## CREATING ATMOSPHERE

At AKEN Spa & Wellness - BÖDEN, we create intimate spaces where you can rest, reconnect with the present moment, and take time for introspection.

Our Wellness facilities include:

INDOOR VITALITY POOL

OUTDOOR WHIRLPOOL

RELAX AREA

FINNISH SAUNA

STEAM BATH

EXPERIMENTAL SHOWERS

TWO SPA SUITES

ZEN GARDEN

FITNESS LOUNGE





### AKEN Moments Collection

Our therapies allow you to experience complete disconnection, allowing you to renew your energy with exquisite massages and innovative facial and body treatments.

We use the most exclusive products from **Germaine de Capuccini**, a high-end European brand to deliver outstanding results.





AKEN  
Massages  
Moments



RELAXING AND ANTI-STRESS MASSAGE  
60/80 minutes

A technique designed to free the body and mind from stress and routine focused on improving circulation and eliminating toxins. It allows for deep relaxation through aromatherapy and gentle massage maneuvers, restoring natural balance and harmony.



DEEP TISSUE MASSAGE  
60/80 minutes

Firm pressure is used with specific techniques to dissolve your body's aches and pains, targeting areas of tension using elbows and forearms to achieve an effective deep tissue massage with our fresh selection of harvest herbal oil.





## AKEN Massages Moments



**HOT STONES MASSAGE**  
60/80 minutes

The massage maneuvers, in combination with the energetic stones of volcanic origin with therapeutic properties, produce a stimulating effect on the blood and lymphatic circulation, helping to eliminate toxins from the body and allowing for the renewal of energies.



**AROMATHERAPY FOOT MASSAGE**  
45 minutes

An exquisite combination of therapeutic maneuvers on the calves and feet, offering relief from muscle and tendon tension, delivering a pleasant sensation of balance and overall well-being.



## AKEN Facial Moments



OXYGENATING REPAIRING FACIAL  
50 minutes

Advanced facial treatment that restores, balances, and maintains optimal skin hydration levels. Includes a draining, rejuvenating, and youth-activating facial massage. Ideal for all skin types.

*Benefits: Tightens and hydrates immediately and lastingly, protects the skin from climatic stress and prevents premature aging.*



PETIT OXYGENATING REPAIRING FACIAL  
30 minutes

Advanced facial treatment that restores, balances, and maintains optimal skin hydration levels. Ideal for all skin types.

*Benefits: Provides immediate and lasting hydration, protects the skin from climatic conditions, and prevents premature aging.*





## AKEN Facial Moments



SUBLIME YOUTHFUL FACIAL  
50 minutes

A facial treatment that provides an essential boost to mature skin, increasing its self-defense and repair capacity against the aggressions caused by the passage of time. It ends with deep hydration, leaving a pleasant feeling of well-being. Ideal for more mature skin.

*Benefits: Cleanses and energizes the skin, improving its defenses, anti-aging, and moisturizing..*



AKEN  
Body  
Moments



DETOX THERAPY FOR TIRED LEGS  
50 minutes

A specially designed treatment based on algae and macadamia nut oil that visibly improves tissue, delays skin aging, and significantly improves circulation. The gentle, draining application relaxes and lightens the legs, detoxifying and relaxing them.

*Benefits: Decongests, tones, firms, and restores elasticity to tired legs*



CELL RENEWAL THERAPY  
50 minutes


A scrub and nourishing body treatment with beeswax and mineral salts that cleanse and renew cells. Thanks to its formula, rich in vitamins C and E, combined with enveloping and dynamic techniques, it stimulates circulation, detoxifies, and remineralizes the skin.

*Benefits: Exfoliation for cell renewal and skin nourishment.*





AKEN  
Signature  
Massage

	100 minutes
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Our exclusive AKEN massage is a fusion of different techniques and elements to achieve deep well-being. Volcanic stones induce deep body relaxation, transferring their energy to the body to balance it, combined with relaxing manual therapy maneuvers on the skin and connective tissue, they act on the nervous system. Added to this is the thermal mud therapy, providing the body with the benefits of the earth and its minerals, resulting in deep rest and an AKEN relaxation moment.

**Benefits:** relieves tension, alleviates muscle pain, releases physical and emotional stress, and improves sleep quality.





## AKEN SPA & WELLNESS

Design your AKEN moment. Book some time and together with our Personal Wellness Creators, create your own AKEN moment a la carte.

### AKEN MOMENTS - PRICES

45-Minute-AKEN Massage Moment	\$ 60.000
60-Minute-AKEN Massage Moment	\$ 70.000
80-Minute-AKEN Massage Moment	\$ 90.000
AKEN Signature Massage 100 minutes	\$ 99.000
My AKEN Deluxe Moment (facial or body) - 50 min	\$ 90.000
30-Minute - Petit Deluxe Facial - 30 min	\$ 70.000
AKEN Wellness Circuit - unlimited	\$ 80.000
Wellness Circuit: vitality pool, outdoor whirlpool, finnish sauna, experimental showers, relax area	





#### **AKEN APPOINTMENT**

We suggest booking your AKEN Moment at least 24 hours in advance to ensure service availability. For better physical and mental preparation, we recommend starting the experience in our Wellness Circuit.

Therapies and rituals both facial and body are exclusively offered to those over 16 years old. Massages and body treatments are not available for pregnant women.

#### **CANCELLATIONS**

Cancellations made less than 8 hours in advance will incur a charge equivalent to 100% of the treatment. Rescheduling can be made up to 4 hours before the scheduled treatment time without any additional charge.

If you arrive late, the treatment will end at the scheduled time.

If you do not show up for the reserved treatment, 100% of the treatment cost will be charged.

#### **AKEN ATTIRE**

AKEN Spa & Wellness will provide you with a robe and towel for your comfort.

It is forbidden to walk around the premises naked. We appreciate you coming to the Bath House in swimwear and slippers.

#### **AKEN RECONNECTION**

At AKEN Spa & Wellness, we are committed to providing you with a serene space for your relaxation throughout your experience. Therefore, we kindly ask you to turn off your cell phone while you are in our facilities.

#### **AKEN PROTOCOL**

For your comfort, we suggest taking a shower before attending the treatment.

AKEN

SPA & WELLNESS